

# PMAG MEMBERS ARE ENCOURAGED TO REFER PATIENTS TO THE ECOSYSTEM

AVAILABLE ONLINE AT [PMAGHAWAII.ORG](http://PMAGHAWAII.ORG)

## Complex Care Management Program

(Only for Adults)

HMSA ONLY

Download the [Referral FORM](#)

Consider the Complex Care Management (CCM) program for your HMSA patients, who have:

- Complex health conditions
- Who are the “sickest of the sick,” which may include:
  - Multiple comorbidities
  - Uncontrolled chronic conditions
  - Socio-economic issues
  - DME need or assistance with placement

The HMSA CCM nurses (RN) can conduct in home health assessments, coordinate care and provide patient POC (Plan Of Care) updates to you on a regular basis.

For more information, call 808-440-7057.

## Condition Care Program

(Only for Adults)

HMSA ONLY

Download the [Referral FORM](#)

HMSA’s Condition Care Programs (CCP) is designed to help your patients reach and maintain stability with their conditions. Target population includes patients with:

- Diabetes
- Congestive Heart Failure
- Chronic pulmonary Disease

You may also refer patients who wish to quit smoking or lose weight.

For more information, call PQH at 808-942-1852.

## Start SMART Blood Pressure Control Program

(Only for Adults)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The Start SMART BP Control Program is designed to help ALL your patients gain better control of their hypertension. A health coach will assist patients to register for a session time and location that is most convenient.

For more information, contact:

**Beth Davidann, MPH.**

HMSA Health Coach

Phone: 808-425-6245

Email: [beth\\_davidann@hmsa.com](mailto:beth_davidann@hmsa.com)

**PMAG**  
**Integrated Health Hawaii**  
(Only for Adults)

HMSA & Non-HMSA

Download the [Referral FORM](#)

PMAG Care Coordinators can help your patients achieve their optimal health outcomes by assisting them with:

- Referral process to Mental Health Specialists in PMAG's preferred network
- Psychiatric medication adherence
- Making the connection between Psychotherapy and medication management
- Navigating a Collaborative Care Model using BH Care Coordinators

For more information, call Integrated Health Hawaii at 808-657-6473.

**Kapili Kokua Care**  
**Coordination Program for**  
**Pediatrics**

(Children w/ Special  
Needs)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The Pediatric Care Coordination program design is founded on evidence-based models across the U.S. PMAG Care Coordinators will assist patients (all insurance plans) and their families with the following and more:

- Navigating community resources
- Referrals to appropriate community programs
- Compiling necessary documentation
- Mitigating the special education eligibility process

For more information, call Integrated Health Hawaii at 808-657-6473.

**Kokua Mau's Advance**  
**Health Care Directive**

(All Patients)

HMSA & Non-HMSA

Download the POLST  
form:

<https://bit.ly/2NI3kTn>

Hawaii's resource for Advance Care Planning, Hospice, and Palliative Care. Both forms are available in 10 Languages.

For more information about advance care planning, refer your patients to <http://www.kokuamau.org>

Download the Advance Health Care Directive form: <https://bit.ly/2uEvfWQ>

For more information, please call 808-585-9977.

**Aloha Kidney:  
Six Sessions of Kidney  
Education**

(All Patients and Their  
Families)

HMSA & Non-HMSA

Dr. Ramona Wong (instructor) is a retired nephrologist who provides expert, unbiased education to ALL patients and their families.

There is no cost to attend and no referral is needed.

Interested participants must call 808-585-8404 to register or visit [www.alohakidney.com](http://www.alohakidney.com) for more information.

**inControl Hawaii Diabetes  
Learning & Resource  
Center**

(All Patients)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The inControl diabetes and pre-diabetes programs are designed to educate and empower people with diabetes to adopt positive behaviors towards diabetes self-management, in order to reduce the risk of unwanted complications.

Program is led by Kevin Kam, RPH, CDE

For more information, call inControl at 808-450-2402.

**Kulana Hawaii Weight  
Management Program**

(All Patients)

**Need:** To improve the health status and overall well-being of Native Hawaiians and other medically underserved populations in rural areas of Hawaii.

**Intervention:** A comprehensive weight management program led by an integrated team of health professionals who work with participants on making sustainable, lifelong changes.

**Results:** Statistically significant reductions in weight, BMI, blood pressure, and chronic disease and pain. Increased physical activity and health knowledge.

For more information visit [iolalahui.org](http://iolalahui.org) or to make an appointment, call 808-525-6255.