

PMAG MEMBERS ARE ENCOURAGED TO REFER PATIENTS TO THE ECOSYSTEM

AVAILABLE ONLINE AT PMAGHAWAII.ORG

Complex Care Management Program

(Only for Adults)

HMSA ONLY

Download the [Referral FORM](#)

Consider the Complex Care Management (CCM) program for your HMSA patients, who have:

- Complex health conditions
- Who are the “sickest of the sick,” which may include:
 - Multiple comorbidities
 - Uncontrolled chronic conditions
 - Socio-economic issues
 - DME need or assistance with placement

The HMSA CCM nurses (RN) can conduct in home health assessments, coordinate care and provide patient POC (Plan Of Care) updates to you on a regular basis.

For more information, call 808-440-7057.

Condition Care Program

(Only for Adults)

HMSA ONLY

Download the [Referral FORM](#)

HMSA’s Condition Care Programs (CCP) is designed to help your patients reach and maintain stability with their conditions. Target population includes patients with:

- Diabetes
- Congestive Heart Failure
- Chronic pulmonary Disease

You may also refer patients who wish to quit smoking or lose weight.

For more information, call PQH at 808-942-1852.

Start SMART Blood Pressure Control Program

(Only for Adults)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The Start SMART BP Control Program is designed to help ALL your patients gain better control of their hypertension. A health coach will assist patients to register for a session time and location that is most convenient.

For more information, contact:

Beth Davidann, MPH.

HMSA Health Coach

Phone: 808-425-6245

Email: beth_davidann@hmsa.com

PMAG Integrated Behavioral Health Program

(Only for Adults)

HMSA & Non-HMSA

Download the [Referral FORM](#)

PMAG Care Coordinators can help your patients achieve their optimal health outcomes by assisting them with:

- Referral process to Mental Health Specialists in PMAG's preferred network
- Psychiatric medication adherence
- Making the connection between Psychotherapy and medication management
- Navigating a Collaborative Care Model using BH Care Coordinators

For more information, call PQH at 808-942-1852.

Kapili Kokua Care Coordination Program for Pediatrics

(Children w/ Special Needs)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The Pediatric Care Coordination program design is founded on evidence-based models across the U.S. PMAG Care Coordinators will assist patients (all insurance plans) and their families with the following and more:

- Navigating community resources
- Referrals to appropriate community programs
- Compiling necessary documentation
- Mitigating the special education eligibility process

For more information, call PQH at 808-942-1852.

Kokua Mau's Advance Health Care Directive

(All Patients)

HMSA & Non-HMSA

Download the POLST form:

<https://bit.ly/2NI3kTn>

Hawaii's resource for Advance Care Planning, Hospice, and Palliative Care. Both forms are available in 10 Languages.

For more information about advance care planning, refer your patients to <http://www.kokuamau.org>

Download the Advance Health Care Directive form: <https://bit.ly/2uEvfWQ>

For more information, please call 808-585-9977.

**Aloha Kidney:
Six Sessions of Kidney
Education**

(All Patients and Their
Families)

HMSA & Non-HMSA

Dr. Ramona Wong (instructor) is a retired nephrologist who provides expert, unbiased education to ALL patients and their families.

There is no cost to attend and no referral is needed.

Interested participants must call 808-585-8404 to register or visit www.alohakidney.com for more information.

**inControl Hawaii Diabetes
Learning & Resource
Center**

(All Patients)

HMSA & Non-HMSA

Download the [Referral FORM](#)

The inControl diabetes and pre-diabetes programs are designed to educate and empower people with diabetes to adopt positive behaviors towards diabetes self-management, in order to reduce the risk of unwanted complications.

Program is led by Kevin Kam, RPH, CDE

For more information, call inControl at 808-450-2402.

**Kulana Hawaii Weight
Management Program**

(All Patients)

Need: To improve the health status and overall well-being of Native Hawaiians and other medically underserved populations in rural areas of Hawaii.

Intervention: A comprehensive weight management program led by an integrated team of health professionals who work with participants on making sustainable, lifelong changes.

Results: Statistically significant reductions in weight, BMI, blood pressure, and chronic disease and pain. Increased physical activity and health knowledge.

For more information visit iolalahui.org or to make an appointment, call 808-525-6255.