

## On the Island of Hawaii

### Hawaii Care Choices

1011 Waianuenue Ave.  
Hilo, HI 96720  
Phone: (808) 969-1733  
Fax: (808) 961-7397  
[www.hawaiicarechoices.org](http://www.hawaiicarechoices.org)

### Hospice of Kona

75-5925 Walua Road  
Kailua-Kona, HI 96745  
Mailing Address: PO Box 482  
Kealahou, HI 96750  
Phone: (808) 324-7700  
Fax: (808) 331-0767  
[www.hospiceofkona.org](http://www.hospiceofkona.org)

### North Hawaii Hospice

65-1328 Kawaihae Rd.  
Kamuela, HI 96743  
Phone: (808) 885-7547  
Fax: (808) 885-5592  
[www.northhawaiihospice.org](http://www.northhawaiihospice.org)

## On the Island of Kauai

### Palliative Medicine Partners

4457 Pahee St.  
Lihue, HI 96766  
Phone: (808) 245-7277  
Fax: (808) 245-5006  
[www.kauaihospice.org](http://www.kauaihospice.org)

## On the Island of Maui

### Hospice Maui Supportive Care

400 Mahalani St.  
Wailuku, HI 96793  
Phone: (808) 244-5555  
Fax: (808) 244-5557  
[www.hospicemaui.org](http://www.hospicemaui.org)

### Island Supportive Services:

#### Kahalui, Maui

149 Maa Street, Suite 100  
Kahului, HI 96732  
Phone: (808) 856-8989  
Fax: (808) 856-8990  
[www.islandshospice.com](http://www.islandshospice.com)



1357 Kapiolani Blvd | Suite 1460

Honolulu, HI 96814

**P** 808 | 942 | 1852

**W** [www.pmaghawaii.org](http://www.pmaghawaii.org)

---

Copyright © PMAG — All Rights Reserved.

#### References:

Kokua Mau  
<https://kokuamau.org/palliative-care-for-patients-and-families/>

Center to Advance Palliative Care  
<https://www.capc.org/>

# PALLIATIVE CARE

## WHAT YOU SHOULD KNOW

## PALLIATIVE CARE: WHAT YOU SHOULD KNOW

To learn more about palliative care, go to [kokuamau.org/palliative-care](http://kokuamau.org/palliative-care).

Palliative Care (pronounced pal-lee-uh-tiv) is specialized medical care for people with serious illness. This type of care is focused on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family.

Palliative care is provided by a specially-trained team of doctors, nurses and other specialists who work together with a patient's primary care physician or specialists to provide an extra layer of support. It is appropriate at any age and at any stage of a serious illness, and it can be provided along with curative treatment.

### 1. WHERE DO I RECEIVE PALLIATIVE CARE?

Palliative care can be provided in a variety of settings including the hospital, outpatient clinic and at home.

### 2. DOES MY INSURANCE PAY FOR PALLIATIVE CARE?

In Hawaii, benefits for palliative care vary depending on insurance and eligibility. Since eligibility is determined by your insurance company, check with your insurance company or palliative care provider about your insurance coverage for palliative care.

### 3. HOW DO I KNOW IF PALLIATIVE CARE IS RIGHT FOR ME?

Palliative care may be right for you if you suffer from pain, stress or other symptoms due to a serious illness. Serious illnesses may include cancer, heart disease, lung disease, kidney disease, Alzheimer's, HIV/AIDS, amyotrophic lateral sclerosis (ALS), multiple sclerosis, Parkinson's and more. Palliative care can be provided at any stage of illness along with treatment meant to cure you.

### 4. WHAT CAN I EXPECT FROM PALLIATIVE CARE?

You can expect relief from symptoms such as pain, shortness of breath, fatigue, constipation, nausea, loss of appetite and difficulty sleeping. Palliative care helps you carry on with your daily life. It improves your ability to go through medical treatments and helps you better understand your condition and your choices for medical care. Palliative Care can help you preserve your quality of life.

### 5. WHO PROVIDES PALLIATIVE CARE?

Palliative care is provided by a team including palliative care doctors, nurses and other specialists. For a listing of palliative care providers in Hawaii, go to the Kokua Mau website, [kokuamau.org/palliative-care](http://kokuamau.org/palliative-care).

### 6. HOW DOES PALLIATIVE CARE WORK WITH MY OWN DOCTOR?

The palliative care team works in partnership with your doctors to provide an extra layer of support for you and your family. The team provides expert symptom management, extra time for communication about your goals and treatment options, and helps you navigate the health care system to connect you with the right resources.

### 7. HOW DO I GET PALLIATIVE CARE?

Ask your doctor or nurse if you qualify. To find a Palliative Care Provider in your area, see listing in this brochure or go to the Provider Directory at the Kokua Mau website [Where to find Palliative Care in Hawaii - Kokua Mau](http://Where to find Palliative Care in Hawaii - Kokua Mau) or [kokuamau.org/where-to-find-palliative-care-in-hawaii/](http://kokuamau.org/where-to-find-palliative-care-in-hawaii/)

## LIST OF PALLIATIVE CARE PROVIDERS IN HAWAII

### On the Island of Oahu

#### **Bristol Supportive Care**

Phone: (808) 536-8012

Fax: (808) 536-8013

[www.bristolhospice-hawaii.com](http://www.bristolhospice-hawaii.com)

#### **Island Supportive Services: Honolulu, Oahu**

Phone: (808) 550-2552

Fax: (808) 550-2551

[www.islandshospice.com](http://www.islandshospice.com)

#### **Malama Ola Cares**

Phone: (808) 543-1188

Fax: (808) 543-1189

[www.malamaolacares.com](http://www.malamaolacares.com)

#### **Navian Integrated Care**

Phone: (808) 924-9255

Fax: (808) 922-9161

[www.navianhawaii.org](http://www.navianhawaii.org)

#### **St. Francis**

Phone: (808) 595-7566

Fax: (808) 676-1220

[www.stfrancis.org/services/hospice](http://www.stfrancis.org/services/hospice)